



## The Balanced Life

Presents

### Using Dialectical Behavior Therapy to Effectively Treat Borderline Personality Disorder and Other Conditions

Friday, January 18, 2019, 8:30 am-4:30 pm (check in begins at 8:00 am)

9238 Madison Blvd. Bldg. 1 Suite 800 Madison, AL 35758

6 Contact Hours to be awarded at completion of workshop

Cost to attend: \$70.00 by 1/4/19

\$100 through 1/17/19

\$130 day of/onsite

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Request(s) for accommodations: \_\_\_\_\_

Payment (Check One):

**Check enclosed:** Make checks payable to **The Balanced Life**. Mail check and registration form to:

**ATTN: Dana Hampson 9238 Madison Blvd. Bldg. 1 Suite 800 Madison, AL 35758**

**Credit Card:** Please mail completed registration form to the address above or email to address below. Once received, you will be emailed an invoice to pay on line. *You are not considered registered until payment is made.* In order to receive the early bird or late registration rate, payment must be made on or before the dates listed above.

**Further inquiry contact:** [dana@thebalancedlifellc.com](mailto:dana@thebalancedlifellc.com) or 256.258.7777 x 101.

#### ***Content Description and Objectives:***

Dialectical Behavior Therapy (DBT) was developed originally for individuals suffering from Borderline Personality Disorder (BPD) or traits of BPD but has begun to be used more and more with a variety of client populations due to growing evidence as to its efficacy. Join Maggie to learn about how to diagnose and treat those with BPD so that they, and those who love them, can begin enjoying a life worth living.

*The Balanced Life, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6838. Programs that do not qualify for NBCC credit are clearly identified. The Balanced Life, LLC is solely responsible for all aspects of the programs.*

