



The Balanced Life

Presents

Hypnosis: The Basics

Friday, March 15, 2019, 8:30 am-1:00 pm (check in begins at 8:00 am)

9238 Madison Blvd. Bldg. 1 Suite 800 Madison, AL 35758

4 Contact Hours to be awarded at completion of workshop

Cost to attend: \$50.00 by 3/1/19

\$80 through 3/14/19

\$110 day of/onsite

Name: _____

Address: _____

Phone: _____ Email: _____

Request(s) for accommodations: _____

Payment (Check One):

Check enclosed: Make checks payable to **The Balanced Life**. Mail check and registration form to:

ATTN: Dana Hampson 9238 Madison Blvd. Bldg. 1 Suite 800 Madison, AL 35758

Credit Card: Please mail completed registration form to the address above or email to address below. Once received, you will be emailed an invoice to pay on line. *You are not considered registered until payment is made.* In order to receive the early bird or late registration rate, payment must be made on or before the dates listed above.

Further inquiry contact: dana@thebalancedlifellc.com or 256.258.7777 x 101.

Content Description and Objectives:

1. To be able to easily define and identify hypnosis.
2. To list several natural ways to induce a hypnotic trance.
3. To have a general understanding of evidence behind effectiveness of hypnosis as a treatment modality.
4. To be able to identify ways in which you're already using hypnosis techniques and learn ways to make it more effective.

Presented by: Maggie Minsk, LPC, CHt

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