



The Balanced Life

Presents

Exploring the Connection Between Eating Disorders and Suicide: How to Effectively Help Clients Heal

Friday, September 6, 2019, 9:00 am-12:30 pm (check in begins at 8:30 am)

9238 Madison Blvd. Bldg. 1 Suite 800 Madison, AL 35758

3 Contact Hours to be awarded at completion of workshop

Cost to attend: \$50.00 by 8/23/19

\$80 through 9/5/19

\$110 day of/onsite

Name (as you'd like it to appear on certificate): _____

Address: _____

Phone: _____

Email: _____

Request(s) for accommodations: _____

Payment (Check One):

_____ **Check enclosed:** Make checks payable to **The Balanced Life**. Mail check and registration form to:

ATTN: Dana Hampson 9238 Madison Blvd. Bldg. 1 Suite 800 Madison, AL 35758

_____ **Credit Card:** Please mail completed registration form to the address above or email to address below. Once received, you will be emailed an invoice to pay online. *You are not considered registered until payment is made.* In order to receive the early bird or late registration rate, payment must be made on or before the dates listed above.

Further inquiry contact: dana@thebalancedlifellc.com or 256.258.7777 x 101.

Content Description and Objectives:

Eating disorders have the highest mortality rate of any psychiatric illness. Many of these deaths are by suicide, caused by the depression that often accompanies the other symptoms of an eating disorder. Participants will learn the links that exist between suicide and eating disorders, as well as the most effective methods to identify and treat these conditions as they co-occur. Raising awareness and promoting advocacy for suicide prevention will also be addressed during this training.

Presented by: Michaela Whitehead, LPC

The Balanced Life, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6838. Programs that do not qualify for NBCC credit are clearly identified. The Balanced Life, LLC is solely responsible for all aspects of the programs.

